



www.therocky.gg

Winter

info@therocky.gg

ROCKOUTS



MONDAY TO FRIDAY - 12.30PM-2PM 6PM -9PM - COLLECTION ONLY



JOHN SMITH'S BEER BATTERED FISH & CHIPS

Hand cut chips, garden green peas, tartare sauce (gfo) **£19.90**

ROAST CHICKEN

Roasted in garlic butter, hand cut chips, salad (gfo) **£17.85**

Add coleslaw - **£1.60**

MUSHROOM, CHESTNUT & SPINACH LINGUINE

Roasted squash puree, cream cheese, parmesan, crispy kale (v) **£16.00**

BEETROOT & FETA RISOTTO

Pureed & roasted beetroot, kale, toasted hazelnuts, parmesan **£16.00**

GUERNSEY CRAB SALAD

Avocado, mixed leaves, lemon dressing (gf) ♻️ (s) **£14.50** (M) **£19.95**

CAESAR SALAD

Croutons, boiled egg, parmesan, pancetta, anchovy dressing **£13.50**

Add 6 prawns **£5.00**

Add 5 chicken strips **£5.00**



BURGERS

(gfo available)

BEEF BURGER (gfo) *The Original BEEF* **£17.35**

Baby gem, plum tomato, Swiss cheese, crispy pancetta, pickle on a toasted seeded bun, burger relish, hand cuts or skin on fries

Add Fried Egg **£1.50**

Add Mushrooms **£1.60**

Add Fried Onions **£1.60**

Add Coleslaw **£1.60**

Add Garlic King Prawns **£2.65**

**Please note that the Beef Burger is served well done due to Environmental Health Regulations*

BUTTERMILK FRIED

CHICKEN BURGER (gfo) **£17.35**

Herby garlic mayo, baby gem, plum tomato, pickle on a toasted sourdough bun, hand cuts or skin on fries

Add Coleslaw **£1.60**

VEGAN BURGER **£16.30**

Herby garlic mayo, baby gem, plum tomato, pickle, on a toasted seeded bun, hand cuts or skin on fries

Add Vegan Cheese **£1.90**

Add Vegan Coleslaw **£1.60**

UPGRADES FOR ALL BURGERS

SWEET POTATO FRIES **£2.10**

COURGETTE FRITES **£2.10**

HALLOUMI FRIES **£2.65**



PIZZAS

10 inch (gf) pizzas available

All Served with tomato sauce & mozzarella

MARGHERITA (v) **£12**

PEPPERONI **£14.10**

MUSHROOM
Garlic butter & parsley (v) **£13**

TANDOORI CHICKEN **£14.10**

MEAT FEAST
Pepperoni, tandoori chicken, prosciutto & chorizo **£15.50**

CHILLI KING PRAWN
& ROCKET **£15.50**

FOUR CHEESE*
Mozzarella, stilton cheese, cheddar & parmesan **£13.65**

VEGAN
Roasted veg & tomato (without mozzarella) (vg) **£11**
Add Vegan Cheese **£1.90**

EXTRA PIZZA TOPPINGS

Mushrooms **£1.60** King Prawns **£2.65**

Prosciutto **£2.10** Chilli **£1.60**

Tandoori **£2.10** Pepperoni **£2.10**

Chicken **£2.10**

v - vegetarian, vg - vegan, gf - gluten free, gfo - gluten free option, vo - vegetarian option, vgo - vegan option, n - contains nuts, ♻️ - dish includes local produce

Our kitchen is not a nut free kitchen *may contain nuts. Please note, (gfo) may not be suitable for coeliacs, please check when ordering your meal.



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ROCKOUTS



SUNDAY- 12.30PM-3PM - COLLECTION ONLY

FISH OF THE DAY

(PLEASE ASK WHEN PLACING YOU ORDER)

£19.90

ROAST PORK

(WITH ALL THE TRIMMINGS)

Homemade gravy, roast potatoes & apple sauce (gf)*

£19.90

ROAST BEEF

(SIRLOIN WITH ALL THE TRIMMINGS)

Homemade gravy, roast potatoes & Yorkshire pudding (gfo)*

£19.90



PIZZAS



10 inch (gf) pizzas available

All Served with tomato sauce & mozzarella

All Served with tomato sauce & mozzarella

MARGHERITA (V) £12

PEPPERONI £14.10

MUSHROOM GARLIC BUTTER & PARSLEY (V) £13

TANDOORI CHICKEN £14.10

MEAT FEAST £15.50
Pepperoni, tandoori chicken, prosciutto & chorizo

CHILLI KING PRAWN & ROCKET £15.50

FOUR CHEESE £13.65
Mozzarella, stilton cheese, cheddar & parmesan

VEGAN £11
Roasted veg & tomato (without mozzarella) (vg)

Add Vegan Cheese £1.90

EXTRA PIZZA TOPPINGS

Mushrooms	£1.60	King Prawns	£2.65
Prosciutto	£2.10	Chilli	£1.60
Tandoori Chicken	£2.10	Pepperoni	£2.10

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